

# NRISIMHAA VENTURES

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## Vastu Question and Answers

**Q. No.1. Please share the significance of keeping plant in general and 'Tulasi' (Basil Plant) in particular in the house ?**

**Answer** - The great scientist J.C. Bose proved that plants also have life and respond like any other living being. Plants inhale the Carbon Dioxide and exhale Oxygen during the day whereas they give out Carbon Dioxide and take in oxygen in the nights. Unlike other plants 'Tulasi' has the tendency to exhale oxygen both in the day and night.

Oxygen coming out from 'Tulasi' purifies the polluted air surrounding the premises of the house. In having such pure air reduce the effect of pollution in the mind. This enables for a healthy thinking process. A positive nature of decision making gets developed. That is the reason, why we find flower pots placed in big conference halls and in office rooms occupied by top executives. The flower plants not only look beautiful but the oxygen exhaled by them reduces the tension and develops a smooth and positive thinking process

**Q.No.2. Do you recommend any specific measurement while using mirrors?**

**Answer** - Always go in for square or rectangular ( $L=2b$ ) mirrors. They can be hung on the East or North walls of the house.

**Q. No. 3 . Can the deity is kept inside the kitchen, is it fine as per Vastu ?**

**Answer** - A separate place of worship is always the best. Due to paucity of the space if it is included in the kitchen, it is acceptable. However it should never be under the kitchen platform or the sink. If it is to be taken in the kitchen it should be in North -East, the North -West, the East or the West direction.

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**Q. No.4 . What is the scientific base to the view that one should not do any work under the Beam or bar?**

**Answer -** The beams and bars are holding the weight of the upper floors. It means that there is tremendous weight on the beams and bars. The weight is acting on the downward direction according to laws of gravitation. This tremendous gravitational force is working on the person working under the beam or bar.

Because of this the person feels uneasy, work is not done properly and it leads to failure in work. At night the part of body which comes exactly under the beam is affected and there are innumerable example of diseases pertaining to those parts which have come to our notice. In reality the main entrance of the building should not be taken under the beam. The students should not study under the beam.

### **About the Author:-**

The author(Mr.Venkat) is the leading person in Occult Science. He is specialized in

Astrology, Dowsing, Numerology and Pyramid Vastu. He is reachable @ 9833132559. URL:-<http://narasimhaassociates.com>;

Pls. send your queries or feedback to Email:[contact@narasimhaassociates.com](mailto:contact@narasimhaassociates.com) (or) you can tweet me @Nrisimhaav / [facebook.com/Nrisimhaav](https://www.facebook.com/Nrisimhaav)

